

Sponsor Cycle Menu

Family Resources, Inc.

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----|-----|-----|-----|-----|-----|-----|
|--|-----|-----|-----|-----|-----|-----|-----|

Cycle Number: 002

| X - English M (WG)(258) Strawberries (038) Whole, 1%, or (1) | X - Kix - WGR (WG)(137) Peas-C (030) Whole, 1%, or (1) | X - Bagels - (WG)(223) Apples-C (001) Whole, 1%, or (1) | X - Cheerios (WG)(011) Blueberries-C (006) Whole, 1%, or (1) | X - Waffles - (WG)(262) Pineapple-C (031) Whole, 1%, or (1) | X - Oatmeal-W (WG)(047) Blueberries-C (006) Whole, 1%, or (1) | X - Pancakes (WG)(261) Bananas-C (004) Whole, 1%, or (1) | |
|--------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------|--|

Breakfast

AM Snack

| | | | | | | |
|------------------------------------------|------------------------------------------------|------------------------------------|-----------------------------------------------|-------------------------------------------|--------------------------------------|---------------------------------------------|
| Animal Crackle (054) Applesauce (002) | Peanut Butter (140) X - Whole Gra (WG)(138) | Yogurt (150) Strawberries (038) | X - Crackers (WG)(035) Mandarin Oran (023) | X - Bagels - (WG)(223) Bananas-C (004) | Animal Crackle (054) Grapes (018) | Muffins/Quick (237) Fruit Cocktail (015) |
|------------------------------------------|------------------------------------------------|------------------------------------|-----------------------------------------------|-------------------------------------------|--------------------------------------|---------------------------------------------|

Lunch

| | | | | | | |
|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Chicken (025) Rolls (031) Peas and Carr (186) Apples-C (001) Whole, 1%, or (1) | Turkey Meatba (072) Hot Dog Buns (020) Corn-C (168) Watermelon-AC (041) Whole, 1%, or (1) | Turkey & Chee (048) X - Wheat Bre (WG)(083) Garden Salad (243) Mixed Fresh F (100) Whole, 1%, or (1) | Tuna (046) Rolls (031) Garden Salad (243) Pineapple-C (031) Whole, 1%, or (1) | Beef Ground (003) Pizza Crust (051) Peas and Carr (186) Grapes (018) Whole, 1%, or (1) | Chicken Breas (027) Pita Bread (025) Peas-AC (185) Mandarin Oran (023) Whole, 1%, or (1) | Beef Franks (002) Macroni & Che (070) Peppers, Gree (262) Oranges-C (026) Whole, 1%, or (1) |
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PM Snack

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|--------------------------------------------------------|-------------------------------------|------------------------------------------------|----------------------------------------|--------------------------------------------|---------------------------------------|--------------------------------------------|
| Peanut Butter (140) Celery-C (268) Raisins (034) | Yogurt (150) Blueberries-C (006) | American Chee (085) X - Toast - W (WG)(265) | English Muffi (013) Bananas-C (004) | X - Sunchips (WG)(041) Applesauce (002) | Raisin Bread (123) Bananas-C (004) | Egg-Whole (135) X - Toast - W (WG)(265) |
|--------------------------------------------------------|-------------------------------------|------------------------------------------------|----------------------------------------|--------------------------------------------|---------------------------------------|--------------------------------------------|

Dinner

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|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Roast Beef (016) X - Brown Ric (WG)(100) Cauliflower-C (164) Honeydew Melo (020) Whole, 1%, or (1) | Chicken Breas (027) X - Wheat Bre (WG)(083) Green Beans-C (172) Strawberries (038) Whole, 1%, or (1) | Beef Ground (003) X - Whole Gra (WG)(138) Black Beans (214) Lettuce, Roma (264) Whole, 1%, or (1) | Beef Meatball (007) Egg Noodles (071) Peas and Carr (186) Peaches-AC (028) Whole, 1%, or (1) | Beef Stew Mea (081) X - Brown Ric (WG)(100) Peas-AC (185) Fruit Cocktail (015) Whole, 1%, or (1) | Pork Roast (058) X - Whole Gra (WG)(138) Garden Salad (243) Oranges-C (026) Whole, 1%, or (1) | Ham & Cheese (047) X - Wheat Bre (WG)(083) Tomatoes, Fre (250) Corn-C (168) Whole, 1%, or (1) |
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Evening Snack

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|---------------------------------------------|---------------------------------------------------------------|--------------------------------------------|------------------------------------------------|--------------------------------------------|------------------------------------------|---------------------------------------------|
| X - Waffles - (WG)(262) Applesauce (002) | Mozzarella Ch (103) Pizza Crust (051) Whole, 1%, or (1) | X - Ritz Crac (WG)(243) Oranges-C (026) | Peanut Butter (140) X - Wheat Bre (WG)(083) | X - Pancakes (WG)(261) Applesauce (002) | X - Crackers (WG)(035) Apples-C (001) | Graham Crackle (068) Watermelon-AC (041) |
|---------------------------------------------|---------------------------------------------------------------|--------------------------------------------|------------------------------------------------|--------------------------------------------|------------------------------------------|---------------------------------------------|

Sponsor Cycle Menu

Family Resources, Inc.

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|-----|-----|-----|-----|-----|-----|-----|
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Cycle Number: 003

Breakfast

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|-------------------------|-------------------------|------------------------|------------------------|-------------------------|-------------------------|-------------------------|------------------------|
| X - Oatmeal-W (WG)(047) | X - Kix - WGR (WG)(137) | X - Cream of (WG)(044) | X - Cheerios (WG)(011) | Egg-Whole (135) | X - Toast - W (WG)(265) | X - Waffles - (WG)(262) | X - Pancakes (WG)(261) |
| Peaches-AC (028) | Strawberries (038) | Pinapple-C (031) | Apples-C (001) | X - Toast - W (WG)(265) | Hash Browns-C (232) | Bananas-C (004) | Strawberries (038) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

AM Snack

| | | | | | | |
|--------------------------|---------------------|-------------------|-------------------------|------------------------|---------------------|------------------------|
| X - Pretzel (Hard) (028) | Peanut Butter (140) | Bagel Chips (240) | X - Whole Gra (WG)(138) | X - Goldfish (WG)(257) | String Cheese (107) | Yogurt (150) |
| Hummus (217) | Apples-C (001) | Hummus (217) | Refried Beans (227) | Applesauce (002) | Oranges-C (026) | X - CheezIts (WG)(266) |

Lunch

| | | | | | | |
|---------------------|---------------------|---------------------|-------------------------|-------------------------|---------------------|-------------------------|
| Ham (051) | Beef Stew Mee (081) | Tatapia (045) | Egg-Whole (135) | Turkey & Chee (048) | Chicken (025) | Beef Meatball (007) |
| Cornbread (006) | Rolls (031) | Cornbread (006) | X - Wheat Bre (WG)(083) | X - Toast - W (WG)(265) | Stuffing / Dr (105) | X - Noodles-P (WG)(260) |
| Potatoes Scal (237) | Potato Wedges (280) | Cole Slaw (166) | Cucumbers-C (170) | Carrots-AC (163) | Potato Wedges (280) | Broccoli-AC (158) |
| Corn-C (168) | Green Beans-C (172) | Mixed Fresh F (100) | Grapes (018) | Mandarin Oran (023) | Pears-C (030) | Apples-C (001) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

PM Snack

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|-------------------------|-------------------------|-------------------------|-------------------------|------------------|------------------|--------------------|
| Tuna (046) | X - Tortilla Chip (111) | American Chee (085) | X - Crackers-Savo (036) | Pita Chips (241) | Pita Chips (241) | Beef Franks (002) |
| X - Crackers-Savo (036) | Salsa-AC (282) | X - Toast - W (WG)(265) | Applesauce (002) | Peaches-AC (028) | Hummus (217) | Hot Dog Buns (020) |

Dinner

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|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Ham (051) | Chicken Breas (027) | Beef Ground (003) | Bean Soup (116) | Pork Chops / (053) | Tatapia (045) | Turkey & Chee (048) |
| X - Toast - W (WG)(265) | X - Wheat Bre (WG)(083) | X - Whole Gra (WG)(138) | X - Wheat Bre (WG)(083) | X - English M (WG)(258) | X - Wheat Bre (WG)(083) | X - Wheat Bre (WG)(083) |
| Potatoes Scal (237) | Sweet Potato (241) | Tossed Salad (208) | Broccoli-AC (158) | Garden Salad (243) | Mixed Vegetab (177) | Green Beans-C (172) |
| Fruit Cocktai (015) | Fruit Salad (016) | Salsa (244) | Mixed Vegetab (177) | Peas-AC (185) | Potatoes-C (238) | Peaches-AC (028) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

Evening Snack

| | | | | | | |
|-------------------------|------------------------|-------------------------|-------------------------|-------------------------|------------------------|------------------------|
| X - Chee-Whea (WG)(063) | Peanut Butter (140) | X - Whole Gra (WG)(138) | X - English M (WG)(258) | X - Tortilla Chip (111) | X - Surchips (WG)(041) | X - Pretzels (WG)(263) |
| Whole, 1%, or (1) | X - Pretzels (WG)(263) | Applesauce (002) | Strawberries (038) | Salsa (244) | Hummus (217) | Mandarin Oran (023) |

Sponsor Cycle Menu

Family Resources, Inc.

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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Cycle Number: 004

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|------------------------|-----------------------|------------------------|------------------------|-----------------------|------------------------|-----------------------|
| X - Oatmeal-W (WG)\047 | X - Cheerios (WG)\011 | X - Toast - W (WG)\265 | X - Waffles - (WG)\262 | X - Cheerios (WG)\011 | X - Oatmeal-W (WG)\047 | X - Pancakes (WG)\261 |
| Apples-C (001) | Pears-C (030) | Peaches-AC (028) | Applesauce (002) | Canolioupe-AC (008) | Bananas-C (004) | Blueberries-C (006) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

Breakfast

| | | | | | | |
|---------------------|------------------------|------------------|-----------------------|------------------------|----------------|-------------------------|
| Collage Chees (100) | X - English M (WG)\258 | Pita Bread (025) | X - Cheezits (WG)\266 | Egg-Whole (135) | Biscuits (002) | X - Crackers-Savo (036) |
| Pineapple-C (031) | Peaches-AC (028) | Hummus (217) | Apples-C (001) | X - Toast - W (WG)\265 | Plums-AC (032) | Grapes (018) |

AM Snack

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|---------------------|--------------------|------------------------|--------------------|------------------------|---------------------|------------------------|
| Beef Ground (003) | Beef Franks (002) | Roast Turkey (113) | Pork Roast (058) | Chicken (025) | Pork Sausage (112) | Beef Meatball (007) |
| Corbread (006) | Hot Dog Buns (020) | X - Wheat Bre (WG)\083 | X - Rolls (031) | X - Brown Ric (WG)\100 | Pizza Crust (051) | X - English M (WG)\258 |
| Kidney / Red (261) | Broccoli-AC (158) | Baked Beans (213) | Sweet Potato (241) | Broccoli-AC (158) | Green Beans-C (172) | Baked Beans (213) |
| Stewed Tomato (281) | Fruit Salad (016) | Peaches-AC (028) | Spinach-AC (205) | Peas-AC (185) | Mandarin Oran (023) | Sweet Potato (240) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

Lunch

| | | | | | | |
|-------------------------|-------------------|------------------------|------------------------|-----------------------|--------------------|----------------------|
| X - Tortilla Chip (111) | Bananas-C (004) | Cheddar Chees (086) | X - French Toast (017) | X - Goldfish (WG)\257 | Raisin Bread (123) | Animal Crackle (054) |
| Hummus (217) | Whole, 1%, or (1) | X - Wheat Bre (WG)\083 | Whole, 1%, or (1) | Tangerines-AC (040) | Whole, 1%, or (1) | Whole, 1%, or (1) |

PM Snack

| | | | | | | |
|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|---------------------|
| Chicken (025) | Ham & Cheese (047) | Turkey Ground (067) | Roast Beef (016) | Beef Ground (003) | Tuna (046) | Beef Franks (002) |
| X - Noodles-P (WG)\260 | X - Wheat Bre (WG)\083 | X - Whole Gra (WG)\138 | X - Wheat Bre (WG)\083 | X - Wheat Bre (WG)\083 | X - Noodles-P (WG)\260 | Hot Dog Buns (020) |
| Mixed Vegetab (177) | Green Beans-C (172) | Black Beans (214) | Potatoes-C (238) | Mashed Potato (234) | Green Beans-C (172) | French Fries- (231) |
| Plums-AC (032) | Fruit Cocktail (015) | Oranges-C (026) | Carrots-AC (163) | Broccoli-AC (158) | Peas-C (030) | Baked Beans (213) |
| Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) | Whole, 1%, or (1) |

Dinner

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|------------------------|---------------------|-----------------------|-----------------|------------------------|------------------------|-----------------------|
| Peanut Butter (140) | Mozzarella Ch (103) | X - Pancakes (WG)\261 | Yogurt (130) | Refried Beans (133) | Egg-Whole (135) | X - Cheerios (WG)\011 |
| X - Wheat Bre (WG)\083 | Pizza Crust (051) | Applesauce (002) | Bananas-C (004) | X - Whole Gra (WG)\138 | X - Toast - W (WG)\265 | Canolioupe-AC (008) |

Evening Snack

Sponsor Cycle Menu

Family Resources, Inc.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
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Cycle Number: 005

Breakfast

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|--------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------|
| X - Waffles - (WG)\262 Pears-C (030) Whole, 1%, or (1) | X - Cheerios (WG)\011 Strawberries (038) Whole, 1%, or (1) | Egg-Whole (135) X - English M (WG)\258 Hash Browns-C (232) Whole, 1%, or (1) | X - Oatmeal-W (WG)\047 Peaches-AC (028) Whole, 1%, or (1) | X - Waffles - (WG)\252 Raisins (034) Whole, 1%, or (1) | Muffins/Quick (237) Applesauce (002) Whole, 1%, or (1) | X - Oatmeal-W (WG)\047 Oranges-C (026) Whole, 1%, or (1) |
|--------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------|

AM Snack

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|--------------------------------------------|--------------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------------|------------------------------------|-----------------------------------------|
| X - Pretzels (WG)\263 Whole, 1%, or (1) | Peanut Butter (140) Celery-C (268) Raisins (034) | Cottage Chees (100) X - Crackers (WG)\035 | Banana Bread (133) Whole, 1%, or (1) | American Chee (085) X - Bagels - (WG)\223 | Yogurt (150) Strawberries (038) | Peanut Butter (140) Pita Bread (025) |
|--------------------------------------------|--------------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------------|------------------------------------|-----------------------------------------|

Lunch

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|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| Turkey Breast (065) Rolls (031) Green Beans-C (172) Grapes (018) Whole, 1%, or (1) | Beef Meatball (007) Spaghetti Moo (078) Spinach-AC (205) Apples-C (001) Whole, 1%, or (1) | Cheeseburger (062) Hamburger Bun (018) Baked Beans (213) Peaches-AC (028) Whole, 1%, or (1) | Pork Roast (058) X - Noodles-P (WG)\260 Sweet Potato (241) Lima Beans-C (220) Whole, 1%, or (1) | Ham & Cheese (047) X - Wheat Bre (WG)\083 Tomatoes, Fre (250) Broccoli-AC (158) Whole, 1%, or (1) | Beef Ground (003) X - Whole Gra (WG)\138 Lettuce /Gre (270) Tomatoes, Fre (250) Whole, 1%, or (1) | Mozzarella Ch (103) Pizza Crust (023) Garden Salad (243) Fruit Salad (016) Whole, 1%, or (1) |
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PM Snack

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|-----------------------------------------------|---------------------------------------|-----------------------------------------------|-------------------------------------------|---------------------------------------|---------------------------------------------------------------|----------------------------------------------|
| American Chee (085) X - Toast - W (WG)\265 | X - CheezIts (WG)\266 Hummus (217) | X - Whole Gra (WG)\138 Refried Beans (227) | X - Toast - W (WG)\265 Bananas-C (004) | Animal Cracke (054) Apples-C (001) | Mozzarella Ch (103) Pizza Crust (051) Whole, 1%, or (1) | String Cheese (107) X - Pretzels (WG)\263 |
|-----------------------------------------------|---------------------------------------|-----------------------------------------------|-------------------------------------------|---------------------------------------|---------------------------------------------------------------|----------------------------------------------|

Dinner

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|---------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| Bean Soup (116) Rolls (031) Potatoes-C (238) Peaches-AC (028) Whole, 1%, or (1) | Tuna (046) X - Noodles-P (WG)\260 Peas-AC (185) Pineapple-C (031) Whole, 1%, or (1) | Beef Franks (002) Hot Dog Buns (020) Mixed Vegetab (177) Fruit Cocktail (015) Whole, 1%, or (1) | Chicken (025) X - Whole Gra (WG)\138 Potatoes-C (238) Lima Beans-C (220) Whole, 1%, or (1) | Egg-Whole (135) X - Toast - W (WG)\265 Tossed Salad (208) Green Beans-C (172) Whole, 1%, or (1) | Cheeseburger (062) X - Hamburger Bun (018) Tater Tot-C (242) Fruit Cocktail (015) Whole, 1%, or (1) | Ham (051) X - Wheat Bre (WG)\083 Green Beans-C (172) Corn-C (168) Whole, 1%, or (1) |
|---------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|

Evening Snack

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|-----------------------------------------------|---------------------------------------|--------------------------------------|-----------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|
| X - Waffles - (WG)\262 Blueberries-C (006) | X - Sunchips (WG)\041 Hummus (217) | X - Kix (206) Blueberries-C (006) | American Chee (085) X - Wheat Bre (WG)\083 | X - Crackers (WG)\035 Apples-C (001) | X - Cheerios (WG)\011 Pears-C (030) | Beef Franks (002) Hot Dog Buns (020) |
|-----------------------------------------------|---------------------------------------|--------------------------------------|-----------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------|

Sponsor Cycle Menu

Family Resources, Inc.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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Cycle Number: 006

Breakfast

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|--------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------|
| X - Toast - W (WG)\265 Pears-C (030) Whole, 1%, or (1) | X - Cheerios (WG)\045 Bananas-C (004) Whole, 1%, or (1) | X - Waffles - (WG)\262 Applesauce (002) Whole, 1%, or (1) | X - Pancakes (WG)\261 Mandarin Oran (023) Whole, 1%, or (1) | X - Oatmeal-W (WG)\047 Peaches-AC (028) Whole, 1%, or (1) | X - Kix - WGR (WG)\137 Watermelon-AC (041) Whole, 1%, or (1) | Egg-Whole (135) Hash Browns-C (232) Whole, 1%, or (1) |
|--------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------|-------------------------------------------------------------|

AM Snack

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|----------------------------------------------|-------------------------------------------|------------------------------------|-----------------------------------|-----------------------------------------------|--------------------------------------------|------------------------------------------|
| String Cheese (107) X - Crackers (WG)\035 | X - Goldfish (WG)\257 Applesauce (002) | Yogurt (150) Strawberries (038) | Bagel Chips (240) Hummus (217) | Peanut Butter (140) X - English M (WG)\258 | X - Ritz Crac (WG)\243 Applesauce (002) | X - Crackers-Savo (036) Raisins (034) |
|----------------------------------------------|-------------------------------------------|------------------------------------|-----------------------------------|-----------------------------------------------|--------------------------------------------|------------------------------------------|

Lunch

| | | | | | | |
|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| Roast Beef (016) X - Noodles-P (WG)\260 Green Beans-C (172) Peaches-AC (028) Whole, 1%, or (1) | Beef Franks (002) Hot Dog Buns (020) Baked Beans (213) Tomatoes, Fre (250) Whole, 1%, or (1) | Turkey & Chee (048) X - Wheat Bre (WG)\083 Potato Wedges (280) Green Beans-C (172) Whole, 1%, or (1) | Tuna (046) X - Toast - W (WG)\265 Green Beans-C (172) Pineapple-C (031) Whole, 1%, or (1) | Chicken Breas (027) X - Wheat Bre (WG)\083 Mashed Potato (234) Peas and Carr (186) Whole, 1%, or (1) | Beef Ground (003) Pizza Crust (023) Tomatoes, Fre (250) Pineapple-C (031) Whole, 1%, or (1) | Turkey Ground (067) X - Whole Gra (WG)\138 Refried Beans (227) Lettuce / Gre (270) Whole, 1%, or (1) |
|------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|

PM Snack

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|-----------------------------------------|-----------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------|--------------------------------------------|----------------------------------------------|
| Strawberries (038) Whole, 1%, or (1) | X - Waffles - (WG)\262 Cantaloupe-AC (008) | X - Goldfish (WG)\257 Mandarin Oran (023) | X - Cheerios (WG)\011 Blueberries-C (006) | X - Pretzels (WG)\263 Fruit Cocktail (015) | X - Cheerios (WG)\210 Whole, 1%, or (1) | X - Sunchips (WG)\041 Cantaloupe-AC (008) |
|-----------------------------------------|-----------------------------------------------|----------------------------------------------|----------------------------------------------|-----------------------------------------------|--------------------------------------------|----------------------------------------------|

Dinner

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|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| Chicken Roast (034) X - Wheat Bre (WG)\083 Broccoli-AC (158) Watermelon-AC (041) Whole, 1%, or (1) | Ham (051) X - Wheat Bre (WG)\083 Potatoes Scal (237) Green Beans-C (172) Whole, 1%, or (1) | Egg-Whole (135) X - English M (WG)\258 Potatoes-C (238) Spinach-AC (205) Whole, 1%, or (1) | Chicken Breas (027) X - Wheat Bre (WG)\083 Green Beans-C (172) Peaches-AC (028) Whole, 1%, or (1) | Turkey & Chee (048) X - Wheat Bre (WG)\083 Peas-AC (185) Oranges-C (026) Whole, 1%, or (1) | Mozzarella Ch (103) Pizza Crust (023) Tomatoes, Fre (250) Strawberries (038) Whole, 1%, or (1) | Beef Franks (002) X - Hot Dog Buns (020) Baked Beans (213) French Fries- (231) Whole, 1%, or (1) |
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Evening Snack

| | | | | | | |
|---------------------------------------|----------------------------------------|---------------------------------------------|-----------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------------|
| X - Sunchips (WG)\041 Hummus (217) | X - Pretzels (WG)\263 Raisins (034) | X - Kix - WGR (WG)\137 Whole, 1%, or (1) | American Chee (085) X - Ritz Crac (WG)\243 | Graham Cracker (068) Oranges-C (026) | Banana Bread (133) Applesauce (002) | American Chee (085) X - Toast - W (WG)\265 |
|---------------------------------------|----------------------------------------|---------------------------------------------|-----------------------------------------------|-----------------------------------------|----------------------------------------|-----------------------------------------------|